

CONNECT

CHURCH UPDATE

Whats on
Daily readings
Easter
Home and away

APRIL EDITION

CHRYSTON
PARISH CHURCH



Welcome

Welcome to Connect — our magazine designed to keep you up to date with all that's happening in and around our church community. Connect is available online through our website, and printed copies can be picked up in the church building at our poster points. We also provide easy-read copies and can arrange delivery for anyone who doesn't have digital access or who may have mobility difficulties. If you, or someone you know, would appreciate a delivered copy, please don't hesitate to let us know.

Our church building is a busy and vibrant place, used by a wide variety of groups throughout the week — from fitness classes to music and movement sessions for little ones. There's something for everyone! To find out more about what's on and how you can get involved, visit our website at www.chrystonparishchurch.co.uk. You can also connect with us on Facebook and Instagram.

Our Sunday services are at the heart of all that we do. We gather as a church family, young and old, to worship God together. Whether you're looking for a new church home or simply exploring Christianity for the first time, joining us on a Sunday is a wonderful place to begin.

Our friendly Welcome Team will be there to greet you as you arrive and will be happy to answer any questions you may have. As a church family, we love to spend time together — chatting, catching up, and encouraging one another before and after the service.

If you're visiting for the first time, we'd really love to get to know you. Please do stay afterwards for refreshments and a good conversation.

If you're unable to join us in person, our services are also available online via our YouTube channel and Facebook Live. Our website has further details, including how to watch or listen again to previous services using video or MP3. If there's anything we can help with, please get in touch — we'd love to hear from you.

The church is a place where a warm welcome awaits — not just on Sundays, but every day of the week.

WHAT'S ON

| | | | | | |
|---|----|--|---|----|---|
| W | 1 | The Hub Cafe 10am-12pm Praying Together 10.30am Hub Kids 3pm-5.30pm Easter Worship 7pm | W | 15 | The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm |
| T | 2 | Easter Worship 7pm | T | 16 | |
| F | 3 | Easter Worship 7pm | F | 17 | Work Party 9.30am-11.30am |
| S | 4 | | S | 18 | Family Movie Night 6pm |
| S | 5 | Morning Worship 10.30am All Together & Creche Evening Worship 6.30pm (Robroyston Parish Church) | S | 19 | Morning Worship 10.30am Something Different & Creche Evening Worship 6.30pm |
| M | 6 | Meikle Bin Walk: 10am | M | 20 | |
| T | 7 | | T | 21 | Silver Surfers: 10am-12pm |
| W | 8 | The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm | W | 22 | The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm |
| T | 9 | | T | 23 | |
| F | 10 | Work Party 9.30am-11.30am Coming Alive 7pm-8.30pm | F | 24 | Work Party 9.30am-11.30am |
| S | 11 | Martin & Jocelyn Wedding 12.30 | S | 25 | Day of Prayer |
| S | 12 | Morning Worship 10.30am Something Different & Creche Evening Worship 6.30pm | S | 26 | Morning Worship 10.30am X-Groups & Creche Evening Worship 6.30pm |
| M | 13 | | M | 27 | Tiny Tunes 9.30am-11.30am |
| T | 14 | Tuesday Fellowship 12.30pm | T | 28 | Silver Surfers: 10am-12pm The Hub 7+: 3pm-5pm |
| | | | W | 29 | The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm |
| | | | T | 30 | |

Easter Sunday Evening

On Sunday 5th of April 6.30pm we will be joining with Robroytson Parish Church who are part of our cluster for evening worship. If anyone needs a lift please speak to Mark

34 Saughs Drive, Glasgow, G33 1HH (Behind Robroytson Asda)














Tuesday Fellowship

Tuesday Fellowship meets 14th April 12.30pm with a short service of worship followed by a light lunch.

Day of Prayer

On Saturday 25th of April we hope to hold our second day of prayer. Please keep a look out for more information coming soon.

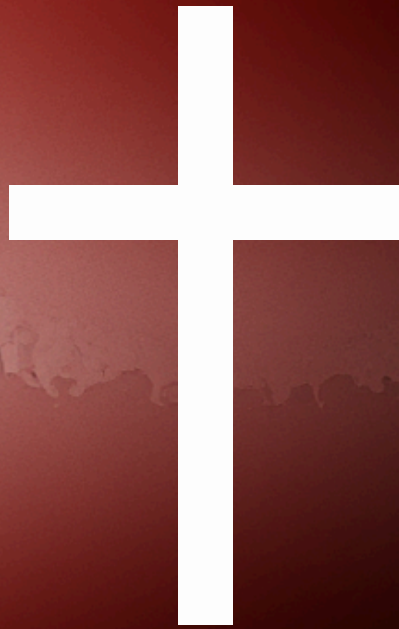
68 FITNESS COMMUNITY CLASS TIMETABLE

| MON | TUE | WED | THU | FRI | SAT |
|--|--|---|--|--|---|
|  Sweat Build 0600-0700 |  Lift Burn 0930-1030 |  Conditioning 0600-0700 |  Lift Burn 0930-1030 |  Sweat Build 0600-0700 |  Super Saturday 0800-0900 |
|  Sweat Build 1730-1830 |  SeniorFit 1100-1145 |  KidFit 1530-1615 |  SeniorFit 1100-1145 |  MiniFit 0930-1015 | |
| | |  Conditioning 1730-1830 | |  Sweat Build 1245-1345 | |

Fitness classes are organised by 68 Fitness and Martin Carr

CELEBRATE EASTER

THE CROSS IN FOUR WORDS



FREEDOM

WED 1st APRIL 7pm

FORGIVENESS

THU 2nd APRIL 7pm

JUSTICE

FRI 3rd APRIL 7pm

PURPOSE

SUN 5th APRIL 10.30am

Mission Partners

Heloise in Estonia

1. Can you remind us how long you have been serving in Estonia?

Time has flown by. Come August, I will have lived in Estonia for 23 years. That is longer than anywhere else I have lived in my life!

2. What are some of the biggest societal changes you have noticed in your time there?

Estonia has changed from being a classic Eastern European, ex-Soviet block country, to being a thriving Western capitalist society that is more akin to its Scandinavian and Nordic neighbours.

There are two types of Estonians. The generation that lived through the Soviet era and the younger generation that didn't. Many have made a success of their freedom and become quite affluent while many others have been left behind. The gap between the 'haves' and 'have nots' is big.

3. What do you love about the place and people that you serve?

I love the combination of old and new. People still know how to grow and make things from scratch. Their grandparents had to, and they have passed many of their skills down to the next generations. That, of course, is changing with the increase in affluence, but many traditions are preserved and marketed with a modern twist. Estonians are incredibly creative. Keeping their culture alive is extremely important to them as they are so few in number and have a large and 'not-so-friendly' neighbour. It is very important for Estonians to do things well in order to get themselves noticed as a nation. They do this very successfully and have made a name for themselves in IT and entrepreneurship. Estonia has the highest number of business startups per capita in Europe. I love their quiet confidence and their resilience. I love their music culture. Where else do you find 30,000 singers on an openair stage singing love songs to their country in six part harmony!?



4.Can you tell us about the last time you had culture shock?

It used to be trips to a large Asda that would trigger that kind of anxiety and disorientation. I last experienced what could be described as culture shock when I found myself unexpectedly in Park Head, Glasgow, around Christmas time...Maybe it was just shock?

5.What are your dreams for the people you serve, and how can we best pray for your work?

That is hard to answer in a few lines. For the non-Christian Estonians, I long to see them leave their superstitions and deeply rooted beliefs in New Age spirituality. They claim to be Atheists and a secular society. But the truth is, they believe in just about every spiritual practice connected with nature and paganism. It is not 'Estonian' to go to church. They see the church as something that was imposed on them through conquering powers over the centuries and is irrelevant to them today. Many chase money and success now that it is possible in a capitalist society.

For the Christians, I long that they grow in their intimate knowledge of Christ, not head knowledge but close, heart fellowship with Him. That they would share the gospel with their own people and not be so private about their faith. I long that there would be a deeper love for the word of God. So often, Christians are snacking on a few verses here and there and as a result don't see the bigger picture, or they are swept away with all kinds of teachings, simply because they aren't familiar with the scriptures.

Ultimately, wherever I am and whatever I do, I want my life to make others hungry for more of Jesus.

Home and Away

Hearing from some of our young people

We are very privileged to have so many young people in our Church family. This month we are homing in on what our former Xhausted and Membership Explored group members are up to now that they are no longer involved in Sunday morning meetings. It's been great to see many of them continuing to worship with us Sunday by Sunday. It's also been great to see those who are studying away when they have been home for a visit. Many of them are excited about volunteering at this year's summer Holiday Club!

These young folk are at a crossroads in their lives – all at different but challenging stages in their studies. They really value the interest you show in them. When we asked them if there was anything the church family could pray for, exams and end of year assignments came top of the list

Home

The following young people are studying in the Glasgow area:

| | |
|----------------|---|
| Hannah Malcolm | Prosthetics and Orthotics at Strathclyde University- 1st Year |
| Rachel Malcolm | Counselling and Psychology at Strathclyde University-4th Year |
| Abigail Troup | Occupational Therapy at Glasgow Caledonian University – First Year |
| Emma Troup | Higher Human Biology |
| Annie Young | Advanced Higher Spanish Advanced Higher German Advanced Higher Maths Higher French |

Away

The following young people are studying away from home:

| | |
|----------------|--|
| Abi Fraser | Law at Aberdeen University – First Year |
| Abi Hunt | English at Dundee University – First Year |
| Rebecca Wright | Medicine at Dundee University – First Year |

1.Exams, group work, essays and assignments are all beginning to build up. The exam period begins in April and, for some, continues until June.

2.Friendships are important. Please pray that our young people will find solid, reliable friends they can relax with but also can support them when things are challenging.

3.Some of our young folk are about to start the search for accommodation for September. They would appreciate your prayers that they find friends they can share with and are able to move into flats which are suitable, affordable and in the right location.

4.Please pray that they will continue to trust God, look to Him for guidance and rely on Him for all their needs.



A Song for April

You Will Make All Things New

Sovereign Grace Music

Scripture tells us that the whole world feels the weight of sin's fracture (Romans 8:22), and God's people often cry out in seasons of darkness, wondering if He hears (Psalm 13:1). Yet the Lord is not distant; He hears the cries of His people (Psalm 34:17) and promises not abandonment, but renewal. Through His death and resurrection, Jesus has conquered sin and death (1 Corinthians 15:20), securing a living hope that is not in vain (1 Corinthians 15:58). The prophets foresaw a day when the blind would see and the lame would leap (Isaiah 35:5–6), when thorns would give way to flourishing life (Isaiah 55:13). Revelation reveals the culmination of that promise: the Lamb who was slain now reigns (Revelation 5:9), and He will wipe away every tear (Revelation 21:4) as He declares, "Behold, I am making all things new" (Revelation 21:5). "You Will Make All Things New" invites the church to sing in the tension between present sorrow and future glory — anchored in the finished victory of Christ and the certain hope of His coming kingdom.

We can feel it in the suffering everywhere
Are we hopeless, are we broken, past repair?

Are you with us? Have You left us in the dark?
Can you hear us? Do our cries still move Your heart?

Jesus, you will make all things new
Jesus, you will make all things new

You will heal us, You will mend what death has torn
Life will spring up, joy will bloom instead of thorns

The blind will finally see, the lame will run and leap
The dead will rise and breathe for You have conquered
And every tear that fell will cry out "it is well"

The dark will be dispelled for You have conquered
The Lamb for sinners slain is coming soon to reign
Our hope is not in vain for You have conquered



A link to the song can be found on the church website

A Book for April

Teach Me To Feel Nancy Guthrie

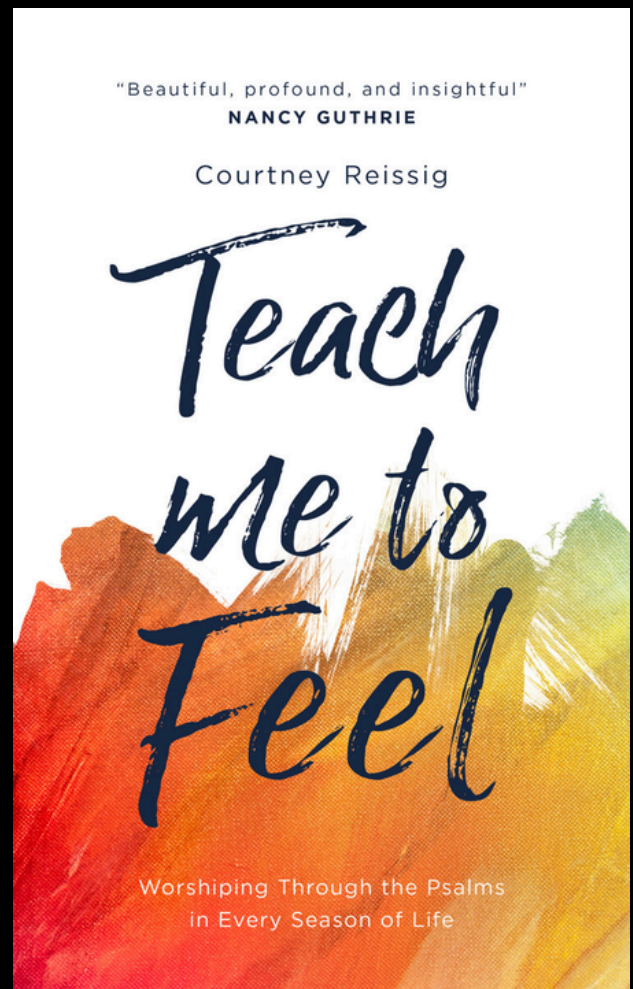
Many of us suppress our feelings because we're worried they are ungodly. Others of us are so led by our emotions that we let them dominate everything, including our faith.

In these honest, personal and uplifting meditations on 24 selected psalms, Courtney Reissig looks at emotions we all experience, ranging from shame, anxiety, and anger through to gratitude, hope, and joy. For each, she shows how the psalms give us permission to acknowledge how we feel before God, and how they can help us to use those feelings productively and faithfully.

This inspiring book will give you a language to cry out to God in order to process your feelings, as well as help you to grow in your faith. It can be used devotionally.

Linda Allcock

This book comforted, encouraged and taught me so much. It had the rare quality of making me reach for my Bible, and I read each chapter with the Psalms open alongside. Courtney Reissig gives us keen insights learned through her own personal suffering, so her words are poetic: laden with meaning yet grounded in reality.



"Beautiful, profound, and insightful"
NANCY GUTHRIE

Courtney Reissig

Teach me to Feel

Worshiping Through the Psalms
in Every Season of Life

"I've always had a difficult relationship with my emotions. I have either suppressed them or let them loose. Neither approach has served me well, and this is why I so appreciate this book."

LAUREN CHANDLER

We are created to feel. Our emotions are a part of who we are—but often we're not sure what to do with them. Sometimes we try to ignore them. Sometimes we feel overwhelmed by them. So God has given us a whole songbook that teaches us how to feel.

These honest, uplifting biblical meditations look at 22 emotions we all experience, ranging from despair to contentment, and show how the psalms both help us to talk to God about how we're feeling and help us shape those feelings.

Discover a language with which to speak to God about all your emotions—and, in doing so, experience your relationship with him growing deeper and your joy in life growing greater.

"Poetic, laden with meaning, and grounded in reality."

LINDA ALLCOCK

"If you've ever felt misunderstood, lonely, or overwhelmed, and wondered where to go with how you're feeling, this book is for you."

VANEETHA RENDALL RISNER

Courtney Reissig is the Discipleship Content Director at Immanuel Baptist Church in Little Rock, Arkansas. She is married to Daniel, and they have four sons.

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Christian Life / Spiritual Growth

THE KING OF KINGS



Saturday Night Family Movie Night

Free Family Movie Night
Hotdog & Drinks available



Film aimed at P3-P7 age
Saturday 18th April
5:30pm to 7:30pm
Chryston Parish
Church

Register via
QRcode



CHRYSTON
PARISH CHURCH



YP & Family Events April - June



COMING ALIVE

Secondary Age Young People

Friday 10th April
Friday 15th May
Friday 12th June
7pm to 8.30pm



Tuesday 28th April,
Tuesday 12th & 26th May
Tuesday 9th & 23rd June
3pm to 5pm

Table Tennis, Foosball, Pool Table,
Nintendo Switch & Food

Young People P7 to S2

**CHRYSTON
PARISH CHURCH**



Register via QR code
Info Call Scott
07708 494 698

Family Movie Night
Film for P3-P7
Sat 18th April
5:30 - 7:30pm
Hotdog & Drink



Any Teens interested
Talk to Scott



Spring is here so Celebrate
Final Wednesday 1st April
3pm to 5.30pm
*Family Fun Event ALL children
must have parent/ guardian*

Easter Monday
Walk Meikle Bin
Monday 6th April
10am

Tennis Game
Monday 4th
May
Lenzie Courts
1pm



Monday 8th June
4:30pm - 5pm
at Chryston Parish Church

All Welcome to Pray
for surrounding communities
that feed into
Chryston High School



EQUIP
HELPING YOU
LIVE FOR JESUS

The Tron Church, 25 Bath
Street, Glasgow G2 1HW
All S1 - S6 ~ £3ea
7pm - 9pm

Friday 24th April
Scott Hamilton
- Can Christians have FUN?

Friday 22nd May
Alanzo Paul
*- Who is Jesus & mean to be
Christian?*

Fifa World Cup
Scotland is IN
Starts 11th June 26
Keep watch



Youth Camp
Lendrick Muir
Age 11-18

Talk to Scott
NOW !!

18-22 JULY 2026

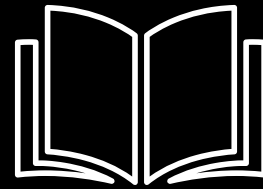
MAGNITUDE

<https://chrystonparishchu>

DAILY READINGS PRAYING THE BIBLE

“In listening to his voice we find our own”

Each day there is a short passage to read.
As you read ask yourself these three questions.
What in the passage is there something to...



ADORE- What did you learn about God for which you should praise or thank him?

ADMIT- What did you learn about yourself for which you could repent?

ASPIRE- What did you learn about life that you could aspire to ask for

Don't close your Bible yet because in listening to His voice we find our own.

Take the things you have learned from the reading and then use them to help you pray.

What does God want you to ADORE him for?

What do you need to ADMIT to him?

What could you ASPIRE to and ask for?

Each day try and pray for something national, something local, something in your family, something in the church and something in your own life.



DAILY READINGS

W 1 Psalm 35

W 15 Philippians 3 v 17-4 v 1

T 2 Psalm 36

T 16 Philippians 4 v 2-9

F 3 Psalm 37

F 17 Philippians 4 v 11-13

S 4 Psalm 38

S 18 Philippians 4 v 14-23

S 5 Psalm 39

S 19 Matthew 5 v 1-12

M 6 Psalm 40

M 20 Matthew 5 v 13-16

T 7 Psalm 41

T 21 Matthew 5 v 17-20

W 8 Philippians 1 v 1-11

W 22 Matthew 5 v 21-26

T 9 Philippians 1 v 12-18a

T 23 Matthew 5 v 27-32

F 10 Philippians 1 v 18-26

F 24 Matthew 5 v 33-37

S 11 Philippians 2 v 1-11

S 25 Matthew 5 v 38-42

S 12 Philippians 2 v 19-29

S 26 Matthew 5 v 43-48

M 13 Philippians 3 v 1-11

M 27 Matthew 6 v 1-4

T 14 Philippians 3 v 12-16

T 28 Matthew 6 v 5-15

W 29 Matthew 6 v 16-18

T 30 Matthew 6 v 19-24



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Church WhatsAppGroup
Text Your Name and Request to join to 07731737377

www.chrystonparishchurch.co.uk

