

CONNECT

CHURCH UPDATE

**Daily Readings
Song for July
Book for July
Feeding Projects**

JULY EDITION

**CHRYSTON
PARISH CHURCH**



Welcome to Connect



Welcome to Connect — our magazine designed to keep you up to date with all that's happening in and around our church community. Connect is available online through our website, and printed copies can be picked up in the church building at our poster points. We also provide easy-read copies and can arrange delivery for anyone who doesn't have digital access or who may have mobility difficulties. If you, or someone you know, would appreciate a delivered copy, please don't hesitate to let us know.

*We're
glad you're
here!*



Our church building is a busy and vibrant place, used by a wide variety of groups throughout the week — from fitness classes to music and movement sessions for little ones. There's something for everyone! To find out more about what's on and how you can get involved, visit our website at www.chrystonparishchurch.co.uk. You can also connect with us on **Facebook** and **Instagram**.



Our Sunday services are at the heart of all that we do. We gather as a church family, young and old, to worship God together. Whether you're looking for a new church home or simply exploring Christianity for the first time, joining us on a Sunday is a wonderful place to begin.



Our friendly Welcome Team will be there to greet you as you arrive and will be happy to answer any questions you may have. As a church family, we love to spend time together — chatting, catching up, and encouraging one another before and after the service.



If you're visiting for the first time, we'd really love to get to know you. Please do stay afterwards for refreshments and a good conversation.



If you're unable to join us in person, our services are also available online via our YouTube channel and Facebook Live. Our website has further details, including how to watch or listen again to previous services using video or MP3.

If there's anything we can help with, please get in touch — we'd love to hear from you.



*The church is a place where
a warm welcome awaits —*

NOT JUST ON SUNDAYS, BUT EVERY DAY OF THE WEEK.



WHAT'S ON

W	1	The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm	W	15	The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm
T	2		T	16	
F	3	Work Party 9.30am-11.30am	F	17	Work Party 9.30am-11.30am
S	4		S	18	
S	5	Morning Worship 10.30am Something Diferent & Creche Evening Worship 6.30pm	S	19	Morning Worship 10.30am Something Diferent & Creche Evening Worship 6.30pm
M	6		M	20	
T	7		T	21	
W	8	The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm"	W	22	The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm"
T	9		T	23	
F	10	Work Party 9.30am-11.30am	F	24	Work Party 9.30am-11.30am
S	11		S	25	
S	12	Morning Worship 10.30am Something Diferent & Creche Evening Worship 6.30pm	S	26	Morning Worship 10.30am Something Diferent & Creche Evening Worship 6.30pm
M	13		M	27	
T	14		T	28	
			W	29	The Hub Cafe 10am-12pm Praying Together 10.30am Praying Together 7.30pm"
			T	30	
			F	31	Work Party 9.30am-11.30am

Thank You

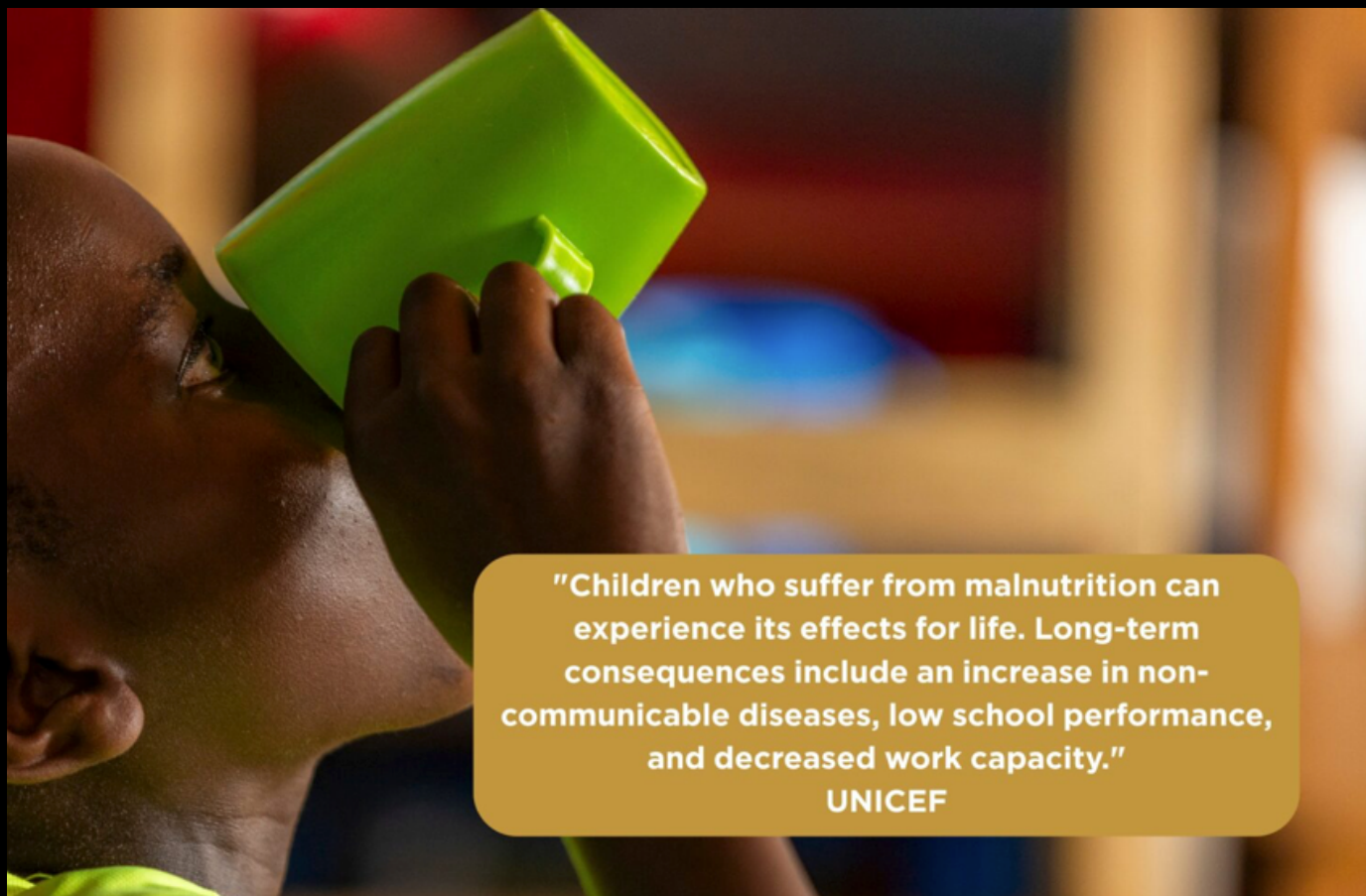
As summer begins, we want to say a huge thank you to all our X-Group leaders and the Tiny Tunes team for all your hard work over the past year. Your dedication, commitment and faithful service are so greatly appreciated. Thank you for all that you do to support and bless our church family!

The Gospel For Glasgow

It has been so encouraging to see the boxes of The Glasgow Gospel steadily disappearing from the vestibule! A huge thank you to everyone who has taken the time to deliver them over the past few weeks. There are still more to go, so let's keep spurring one another on as we continue to share the good news across our community.

Wedding

Congratulations to Garry Campbell and Kirstine Orr, who will commit their lives to one another in marriage on Friday 31 July at 2.30pm in Chryston Parish Church. We wish them every blessing and much joy as they begin married life together.



"Children who suffer from malnutrition can experience its effects for life. Long-term consequences include an increase in non-communicable diseases, low school performance, and decreased work capacity."

UNICEF



**comfort
international**
a little can change a life

Welcome to Comfort International

Thank you so much for supporting one of our feeding projects in partnership with Good News International (GNI). We are so happy to have you on board. Comfort International relies on the generous donations of people like you, and we really believe that a little can change a life - because we've seen it in action! We have two feeding projects with our partners GNI. In this letter you'll find out a little bit about them, and the difference your regular or one-off donation will make to the lives of children and young people fighting hunger in the country of Rwanda.



Good News International and the Feeding Projects

Comfort International has been working together with our trusted partners, Good News International, in Rwanda for many years. They have worked since the Rwandan genocide with survivors and communities to help bring healing, reconciliation and purpose for those who have been scarred and traumatised by conflict and poverty.

GNI has recognised the desperate need in the next generation, particularly in those most at risk of hunger and malnutrition. They are tackling this with two main projects: the School Feeding Programme and the Nursery Malnutrition Project.

School Feeding Programme

The Rwandan government is subsidising the cost of school meals for children in Rwanda but it is not enough to pay for the food, and the school requires a contribution from the family of 2,000rwf (roughly equivalent to £2) per month per child for school meals. However, many families, especially in the Bisesero region of Rwanda, are so poor that they cannot afford this for some or all of their children. This is an area that mainly relies on subsistence farming. Many of the children need to walk long distances to get to school, and walking home again in the middle of the day to get food is



not an option. Therefore, if they can't afford to pay for school meals, they often go the full day without eating, making studying and learning so much harder. Some families are forced to choose one or two of their children to eat meals for a month while the others look on, hungry. This is not a choice any family should have to make. By supporting the School Feeding Programme, you are providing school meals for a Rwandan pupil.





**comfort
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a little can change a life

Nursery Malnutrition Project

This project is based in the Birara nursery in the area of Karongi. Bisesero children are affected by two main challenges – a historic lack of school access and food shortage which tends to hit the children worst. In 2020 a feeding programme was set up at the nursery. At Birara nursery in 2022, out of 76 children, thirteen (17%) exhibited malnutrition symptoms, including kwashiorkor. A visit to the nursery confirmed this visually. Over half of those had quickly begun to show improvement when supported through



feeding. A malnutrition programme tackles both issues – it improves child health and encourages attendance at nursery. By cementing nursery attendance the programme embeds educational participation and school attendance into child and family daily living patterns. The school head said, *"So the culture became that our children did not study. We do not want this generation to grow up facing what we faced. We want to correct the mistakes which were made before. The whole vision is of children studying so that when they graduate they will help develop this area, educate the next generation and the development will continue. We want to create leaders for our future."*

Your donation can change lives

By partnering with Comfort International and Good News International, and donating to one of these projects, you are making a direct impact in the lives of young people struggling with hunger in Rwanda, and investing in their future. We don't think any child should have to worry about where their next meal should come from. By providing meals for a young person in school or nursery, you have allowed them to concentrate on the things that should matter to a child; playing with friends, listening to their teachers, playing sports and looking to the future. Thank you so much for being part of this. We look forward to sending you updates on how the projects are getting on in the future!

Find out more

To find out more about the Feeding Projects or any of Comfort International's Projects, visit our website and social media.



comfortinternational.org



enquiry@comfortinternational.org



[comfortinternational](https://www.facebook.com/comfortinternational)



Congo Child Feeding Appeal Prayer Points

- Comfort Congo is caring for 107 orphans full-time and feeding another 500 vulnerable children every week.
- Resources are scarce and expensive - £1500 is required each month to keep the feeding project running.
- Regular donations are essential to keeping this feeding project running.

Prayer Points:

- Pray that God would provide abundant food and resources for every child in the feeding programmes.
- Ask God to protect vulnerable children living in areas affected by conflict and displacement.
- Pray for healing and restoration for children suffering from malnutrition and related illnesses.
- Ask God to strengthen their bodies, minds, and emotional well-being.
- Pray for children who have lost parents through war, violence, or poverty.
- Ask God to provide loving caregivers, safe homes, and stable environments.
- Pray for comfort and healing from trauma and loss.
- Pray for an end to violence and conflict in North Kivu and other affected regions.
- Ask God to protect families, churches, aid workers, and communities caught in the fighting.
- Pray for lasting solutions that break cycles of poverty and hunger.
- Pray that every child served through these projects would know hope, dignity, and purpose.
- Ask God to restore lives affected by poverty, conflict, and hardship.
- Pray for strength, wisdom, and encouragement for Comfort Congo and those the work alongside, nutritionists, caregivers, teachers, and volunteers.
- Ask God to protect them physically, emotionally, and spiritually as they serve vulnerable children.

flowers

BY SAMANTHA EBERT

song
— for —
July

Well, blue skies and hillsides feel so far away
And I wrote in my notebook that I've seen better days
Than the ones as of late
I can't bear the weight

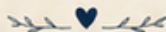


The rain won't stop pouring out my windowpane
And I haven't left my bedroom in 76 days
I wish something would change
'Cause I'm losing faith



So I brought it up in a desperate prayer
Lord, why are you keeping me here?
Then He said to me, "Child, I'm planting seeds
I'm a good God and I have a good plan
So trust that I'm holding a watering can
And someday you'll see that

flowers grow in the valley



So whatever the reason, I'm barely getting by
I'll trust it's a season knowing that you're by my side
Every step of the way
And I'll be okay

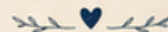


When I'm on the mountain and looking down below
I'll see a valley of flowers that needed time to grow
And I'll thank you for the rain
The hurt and days of pain



And I'll bring it up in a grateful prayer
Thank you, Jesus, for keeping me there
You know just what I need, and you've planted seeds
'Cause you're a good God with a real good plan
And you hold my world in a watering can
So I can have peace 'cause

flowers grow in the valley



*I'm a good God.
I have a good plan.
flowers grow in the valley.*





FAITHFULLY PRESENT



*Embracing the limits of
Where and When God has you.*

RECOMMENDED BY

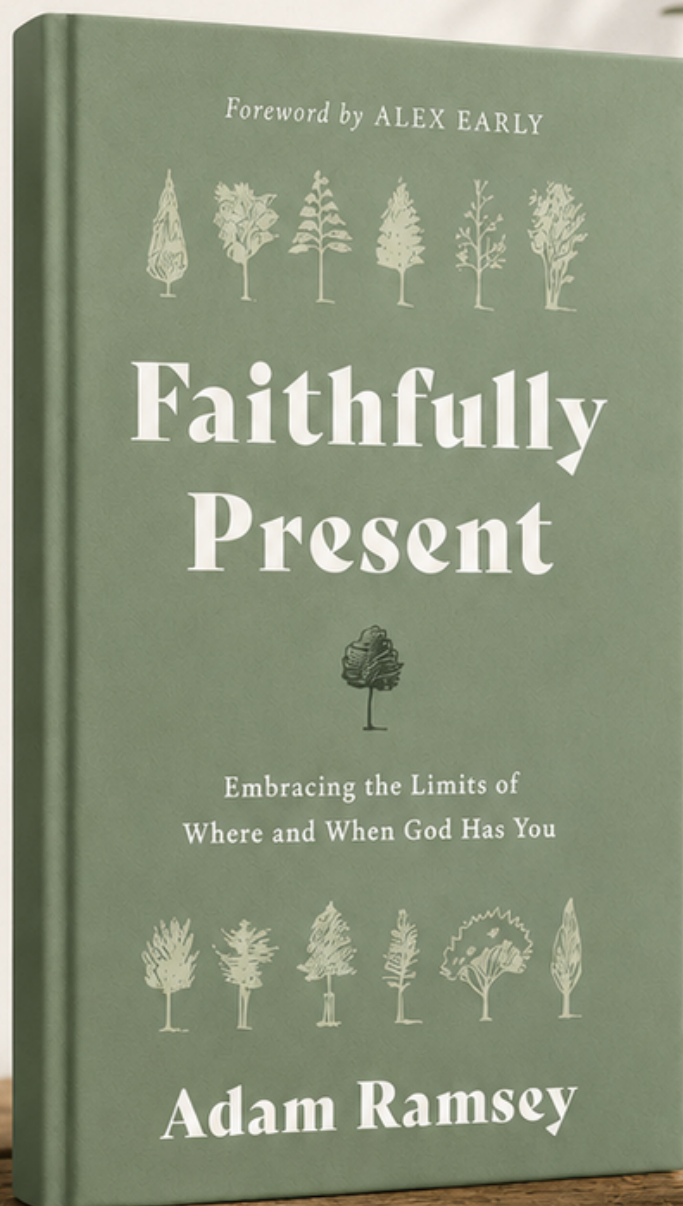
MATT CHANDLER



CAROLYN LACEY



RAY ORTLUND



There is a better way to live. In this thought-provoking book, Adam Ramsey helps us to embrace the time and place we are in and to live each day fully and faithfully present with God and with others. Readers will discover fresh joy in the little things, freedom from the tyranny of time and contentment in every season of life.

Daily Readings

IN THE BIBLE



*"In listening to His voice
we find our own."*



Each day there is a short passage to read.
Read it slowly. Let God speak to you.

THREE QUESTIONS TO ASK



ADORE

What did I learn about God
that leads me to praise,
worship or thank Him?



ADMIT

What did I learn about myself?
Is there any sin, attitude or
behaviour I need to confess
and repent of?



ASPIRE

What did I learn about the kind
of life God wants me to live?
What should I ask Him to help
me become or do?



Pray through the passage



Don't close your Bible yet.

In listening to His voice, we find our own.



Adore Him for who He is
and what He has shown you.



Admit your sins and ask for
His forgiveness and grace.



Aspire by asking Him to shape
your heart and help you live
according to His Word.

*Take what you've learned
and talk with God about it.*



EACH DAY, TRY TO PRAY FOR:



YOUR NATION

Our country and
its leaders.



YOUR COMMUNITY

Your town, neighbours
and those in need.



YOUR FAMILY & FRIENDS

Those closest to you
and those you love.



YOUR CHURCH

Your church family
and its mission.



YOUR LIFE

Your relationship
and walk with God.



May each day's reading deepen your relationship with God
and help you live out His purpose for your life. *Amen.*

July

FAITHFUL IS HE

DATE	READING	THEME
1 JULY	Lamentations 3:21–26	<i>Great is Your faithfulness</i>
2 JULY	Psalm 36	<i>God's steadfast love and faithfulness</i>
3 JULY	Deuteronomy 7:6–11	<i>God keeps His covenant</i>
4 JULY	Psalm 89:1–18	<i>Singing of God's faithfulness</i>
5 JULY	Genesis 12:1–9	<i>God's promise to Abraham</i>
6 JULY	Genesis 15	<i>God's covenant confirmed</i>
7 JULY	Joshua 21:43–45	<i>Every promise fulfilled</i>
8 JULY	1 Kings 8:54–61	<i>Not one word has failed</i>
9 JULY	Psalm 23	<i>The faithful Shepherd</i>
10 JULY	Isaiah 43:1–7	<i>God is with His people</i>
11 JULY	Isaiah 55	<i>God's Word always accomplishes His purpose</i>
12 JULY	Jeremiah 31:31–37	<i>The promise of a new covenant</i>
13 JULY	Psalm 121	<i>The faithful Keeper</i>
14 JULY	Daniel 3	<i>Faithfulness in the fire</i>
15 JULY	Ruth 1–2	<i>God's faithful providence</i>

DATE	READING	THEME
16 JULY	Ruth 3–4	<i>God's redeeming faithfulness</i>
17 JULY	Luke 1:26–56	<i>God remembers His promises</i>
18 JULY	Luke 2:22–38	<i>God's promises fulfilled in Christ</i>
19 JULY	John 10:1–18	<i>The Good Shepherd</i>
20 JULY	John 17	<i>Jesus' faithful prayer for His people</i>
21 JULY	Romans 8:28–39	<i>Nothing separates us from God's love</i>
22 JULY	1 Corinthians 1:1–9	<i>God is faithful</i>
23 JULY	1 Corinthians 10:1–13	<i>Faithful in temptation</i>
24 JULY	2 Corinthians 1:18–22	<i>All God's promises are "Yes" in Christ</i>
25 JULY	Philippians 1	<i>He will complete His work</i>
26 JULY	Hebrews 10:19–25	<i>He who promised is faithful</i>
27 JULY	Hebrews 11	<i>Faith built on God's faithfulness</i>
28 JULY	1 Peter 4:12–19	<i>Entrust yourself to the faithful Creator</i>
29 JULY	2 Timothy 2:8–13	<i>He remains faithful</i>
30 JULY	1 John 1:5–2:2	<i>Faithful to forgive</i>
31 JULY	Revelation 21:1–7 & 22:1–5	<i>God's faithfulness fulfilled forever</i>

VERSE FOR THE MONTH

"Know therefore that the LORD your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments."



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