

CONNECT

CHURCH UPDATE

Harvest
LHM 360
Comfort International
YPF Worker

OCTOBER EDITION

CHRYSTON
PARISH CHURCH

Welcome to Connect

We're glad you're here!

Welcome to Connect — our magazine designed to keep you up to date with all that's happening in and around our church community. Connect is available online through our website, and printed copies can be picked up in the church building at our poster points. We also provide easy-read copies and can arrange delivery for anyone who doesn't have digital access or who may have mobility difficulties. If you, or someone you know, would appreciate a delivered copy, please don't hesitate to let us know.

Our church building is a busy and vibrant place, used by a wide variety of groups throughout the week — from fitness classes to music and movement sessions for little ones. There's something for everyone! To find out more about what's on and how you can get involved, visit our website at **www.chrystonparishchurch.co.uk**. You can also connect with us on **Facebook** and **Instagram**.

Our Sunday services are at the heart of all that we do. We gather as a church family, young and old, to worship God together. Whether you're looking for a new church home or simply exploring Christianity for the first time, joining us on a Sunday is a wonderful place to begin.

Our friendly Welcome Team will be there to greet you as you arrive and will be happy to answer any questions you may have. As a church family, we love to spend time together — chatting, catching up, and encouraging one another before and after the service.

If you're visiting for the first time, we'd really love to get to know you. Please do stay afterwards for refreshments and a good conversation.

If you're unable to join us in person, our services are also available online via our YouTube channel and Facebook Live. Our website has further details, including how to watch or listen again to previous services using video or MP3.
If there's anything we can help with, please get in touch — we'd love to hear from you.



The church is a place where
a warm welcome awaits –
NOT JUST ON SUNDAYS, BUT EVERY DAY OF THE WEEK.

WHAT'S ON

T	1		T	15	
F	2	Work Party 9.30am-11.30am	F	16	Work Party 9.30am-11.30am
S	3		S	17	
S	4	Morning Worship 10.30am Harvest: All Together Evening Worship 6.30pm (Communion)	S	18	Morning Worship 10.30am X-Groups & Creche Evening Worship 6.30pm
M	5	Tiny Tunes 9am-11.30am	M	19	Tiny Tunes 9am-11.30am
T	6	Silver Surfers 10am-12 noon Kirk Session 7pm	T	20	Silver Surfers 10am-12noon
W	7	The Hub Cafe 10am-12 noon	W	21	The Hub Cafe 10am-12 noon
T	8		T	22	
F	9	Work Party 9.30am-11.30am	F	23	Work Party 9.30am-11.30am
S	10		S	24	
S	11	Morning Worship 10.30am Something Different & Creche Evening Worship 6.30pm	S	25	Morning Worship 10.30am X-Groups & Creche Evening Worship 6.30pm
M	12		M	26	Tiny Tunes 9am-11.30am
T	13	Silver Surfers 10am-12 noon	T	27	Silver Surfers 10am-12 noon
W	14	The Hub Cafe 10am-12 noon Praying Together 10.30am Praying Together 7.30pm	W	28	The Hub Cafe 10am-12 noon Praying Together 10.30am Praying Together 7.30pm
			T	29	
			F	30	Work Party 9.30am-11.30am
			S	31	

Introducing Martin Carr

Our new Young People and Family Worker

Looking to the future together



At Imagine we were prayerfully thinking together about the kind of church we believe God is calling us to become. At the heart of those conversations was a desire to become increasingly outward-looking — building genuine relationships in our community, creating easier ways for people to connect with us, and helping children, young people and families encounter Jesus.

"I am excited to see what God will do as we seek to reach, encourage and walk alongside the next generation.

Martin

A new chapter

for young people, families and our community

It is within that bigger picture that we are delighted to welcome Martin Carr as our new Young People and Family Worker. Martin will begin on 1 October, working 16 hours each week, initially for a period of one year. This gives us an opportunity to invest intentionally in this important area of church life, to build on what is already happening, and to learn together as new relationships and opportunities develop.

> *We want to be a church that looks beyond ourselves, listens carefully to the community around us and is willing to follow where God opens doors.*

Known and already making a difference

Many people will already know Martin through his involvement in the life of the church and particularly through areas such as 68 Fitness and Holiday Club. In these settings we have seen his ability to build relationships naturally, encourage others and connect with people who may not yet be part of the regular life of the church. We believe those gifts will be especially valuable as we seek new and creative ways of serving and engaging with children, young people and families across our community.

Working together

This appointment is not about asking one person to take responsibility for all our work with young people and families. Martin will work alongside our Young People and Family Team and the wider church family. We hope the year ahead will be a time of listening, learning and trying new things — strengthening what is already fruitful while also being willing to explore new possibilities.

Part of a bigger vision

That is one of the reasons we are excited about what lies ahead. Martin's appointment is not simply about filling a role; it is one part of a wider direction that is beginning to take shape across our church. We want to be a church that looks beyond ourselves, listens carefully to the community around us and is willing to follow where God opens doors.

Please pray

Please pray for Martin as he begins this new role, for those who will work alongside him, and especially for the children, young people and families we hope to serve and get to know in the months ahead. Our prayer is that, through everything we do, we will continue to grow in our calling of sharing Jesus at the heart of our community.



25 comfort international
a little can change a life
years transforming lives
1999 - 2024

Callum Henderson, Founder and Director of Comfort International has given us an update on the work the organisation is involved in.

1. During your time in Africa this summer, meeting the different partners and the people they work with what were the moments you were most thankful for?

When the visits were finished, I was left with a great sense of the grace and love of God for those broken people whose lives He has made whole. For a number of reasons the trips felt particularly targeted by Satan this year, but the victory of Christ in the lives of the project members was so evident. Seeing and hearing so many street children, child soldiers, genocide and rape survivors and others testifying to the new life God has given them through the work of the spirit through the projects was so encouraging. In especial, I was really thankful for the healing and wholeness the child soldiers were experiencing after so much trauma.



One of the groups who visited Africa Hope Initiative in summer 2026.

2. What are some of the biggest challenges facing your partners?

In South Sudan the lack of security and the high levels of corruption can create difficulties for the team and also hinder the visits of the Comfort Rwanda team who oversee the projects. This makes it difficult to have time with the team to encourage them, and assess and develop the projects. In Congo, the big challenge is the combination of war and poverty. Ebola is also a concern, but it is the deep trauma, the displacement and the panoply of urgent life or death issues that need support which is the constant challenge.



Children and families at the Sake orphanage near Goma, where our partners Comfort Congo are supporting a community with many needs.

3. Can you tell us about a couple of your current priorities and why you chose them?

This is always such a difficult question. For every priority there is a 'non-priority' which, for those in need within that sphere, is such a great need. We have a big focus on the Transformation Centre now to push for completion by the end of next year and we look forward so much to the change that will make for the lives of so many children. A big big priority at present is also the child soldiers' Children of Liberty rehabilitation project for which we are short of sponsors, but the urgency is very great to ensure children rescued from child soldiering have secure rehabilitation and are not dragged back into the life they have been rescued from.



It is hoped that the Comfort Transformation Centre will host 80 children at a time in it's initial phase.

4. How best can we pray for your work?

We truly believe that the battle for the salvation, healing and transformation of broken lives is won through prayer, so consistent believing prayer is very precious to us – if you can be part of our prayer news team please get in touch (enquiry@comfortinternational.org). Actual present prayer needs would mirror the challenges and priorities above and would be:

1 Comfort International works with The Children of Liberty in Goma, Kitchanga, and South Kivu providing rehabilitation and support for child soldiers. Helping child soldiers leave the armies and avoid being drawn back into violence and rape not only rescues their lives, but saves the communities they were looting, killing, and raping from trauma as well. There is currently a shortage of sponsors for these child soldiers. Please pray for this work and for new sponsors to step forward.

2 Huge progress has been made on the building of the Comfort Transformation Centre. Now work is focussed on electrical work, plumbing, and plastering of the interior and the furnishing of the rooms. Pray that Comfort International will know God's gracious hand of provision poured out for this.

3 Pray that Comfort International's partners would know the power of God's anointing to bring hope to those beaten down by poverty and trauma, salvation to the lost, and wholeness to the broken.



LHM360 Newsletter

New Chaplain

Rev. Aime Aitken



I'm delighted to introduce myself as the new Chaplain at LHM. After 15 years in pastoral ministry and three years working in social care homeless services, this new role is an incredible opportunity for me to bring my passions together in one, unique place. I've loved spending the last month getting to know the LHM community by serving and learning alongside the incredibly skilled, passionate, dedicated staff and volunteers.

Sadly, just before I started, our beloved staff member Archie Sharp passed away. Archie had served in the kitchen at LHM for over 40 years and it's estimated he cooked over one million meals. It's clear from the stories staff have shared, and the funeral service that was held right here at LHM, that Archie was a beloved, gentle giant who meant so much to the whole community. Our staff, volunteers and guests put together a beautiful service that showed just how deep the relationships at LHM really run. Please keep the LHM community in your prayers as they learn to live with the loss of someone who was so deeply loved.



Upcoming Events

- Homelessness Service 6 pm - 08/10/26
- Please look out for our LHM Christmas card / Calendars coming soon



HARVEST

Harvest is a great time for us to celebrate the gifts that God's creation offers us. It's a time to be thankful for what we have and to be generous with those in need. For many of our guests, fresh healthy food is something they can struggle to afford or choose for themselves. Our lead chef Jason does an incredible job of squeezing every possible bit of nutrition he can into our daily meals. Making soup and mains with seasonal veg, or desserts filled with fruit, means our guests are not only filling their bellies when they eat, but benefiting from all the natural nutrition in what they eat. If your church is celebrating Harvest, we would love you to consider donating fresh, seasonal food to LHM as well as some of our pantry staples. If you would like to donate, please drop by between 9:30am-11:30am during the week.



Harvest Church Reps Event

We would love to invite your church representatives to a Harvest Celebration event on 20th October from 2-3:30pm. There will be a time of worship and thanksgiving for all that God has provided, an opportunity to pray for the work at LHM and an afternoon tea provided by our wonderful kitchen team as our thanks to you for your generous support. We would welcome two reps per attending church. To confirm your places.

Please call or email Helen to confirm attendance: T: 0141 5520285
E: enquiries@lhm-glasgow.org.uk



PRAYER POINTS

We deeply value being held in prayer by our churches. If you're including us in your service prayer time or newsletters, we would appreciate prayer for the following:

- Safety for all our guests and staff. We have recently experienced higher numbers during peak hours, which means more people moving around the hall and more activity around the building. This means working a little harder practically to keep everyone safe and ensure we spot those in need of help. We peaked at 139 one day in August which is the highest intake since 2021.

- Wisdom for our staff as we work alongside individuals experiencing complex mental health challenges. We want LHM to be a safe and welcoming place for anyone who needs us. At times this means helping people whose mental health presents with challenging behaviour, that can create difficult dynamics with other guests. Please pray for staff as they seek to make every guest feel safe and welcome.

- New Volunteers – we're delighted to have welcome some new volunteers on to the team. Please pray that they will feel welcomed as part of the team and enjoy their time with us!

LHM360, 35 East Campbell Street, G1 5DT 0141 552 0258
Registered Scottish Charity: SC017283

Lodging House Mission – Harvest Donation Requests 2026

We are so grateful to you for supporting LHM year after year, it means a lot to us. We've put together a short list of the things we need most. If you're able, please pick from these - we've thought it through so it reflects what we actually use. We've also included a few everyday essentials we usually have to buy; donating these would save us money that we can redirect to other areas of our work. Your help allows us cook hot, nutritious lunches and provide emergency food parcels for those who are struggling. If a cash donation is easier, we'll use it to buy fresh fruit, veg and other perishables we need, keeping meals healthy and cutting waste. Thank you from The LHM Team

Cereal	Tinned Fruit	Tinned Goods
Corn Flakes/Crunchy Nut	Pears	Baked Beans
Weetabix	Pineapples	Chopped tomatoes
Rice Crispies	Mandarins	Coconut Milk
Sugar Puffs	Fruit Cocktail	Condensed Milk
Frosties	**Other**	Potatoes
Coco Pops	Diluting/fresh juice	Custard
Cheerios	Coffee	Rice Pudding
Porridge	Biscuits	Butter Beans
Dried Goods	Crisps	Cannellini Beans
Cous Cous	Tea Bags	Chickpeas
Bulgur wheat	Long life milk	Tinned lentils
Paprika, Cumin	Rapeseed Oil	**Other**
Lentils	Plain Flour	Brown Sauce
Mixed herbs	Corn Flour	Tomato Sauce
Garlic powder	Mustard	Vinegar
Onion powder	Butter	Soya Sauce
Chilli powder	Bottle lemon/lime juice	Worcestershire Sauce
Crushed chillies	Dry yeast	Olive oil
Ground coriander	Baking Powder	Vegetable oil
Black pepper	Red wine vinegar	Gravy Granules
Salt	Apple Cider Vinegar	Veg Stock cubes/ bullion
Pasta	Vanilla Extract	Jelly
Long grain rice	**Essentials**	Sugar
Bay Leaves	Washing up liquid	Tomato Paste
Lasagna Sheets	Washing Powder	Passata
Coriander	Toilet Tissue	

Food Parcel Items

pot noodles/packet noodles	Tinned ham, corn beef, tuna,	Tinned spaghetti, spaghetti hoops	Tinned meatball, macaroni tinned dinners eg:curries
instant mash	Microwave rice pouches, pasta pouches	Biscuits, cereal bars	tinned soups packet soups

I WILL TRUST my Saviour Jesus

song of the month
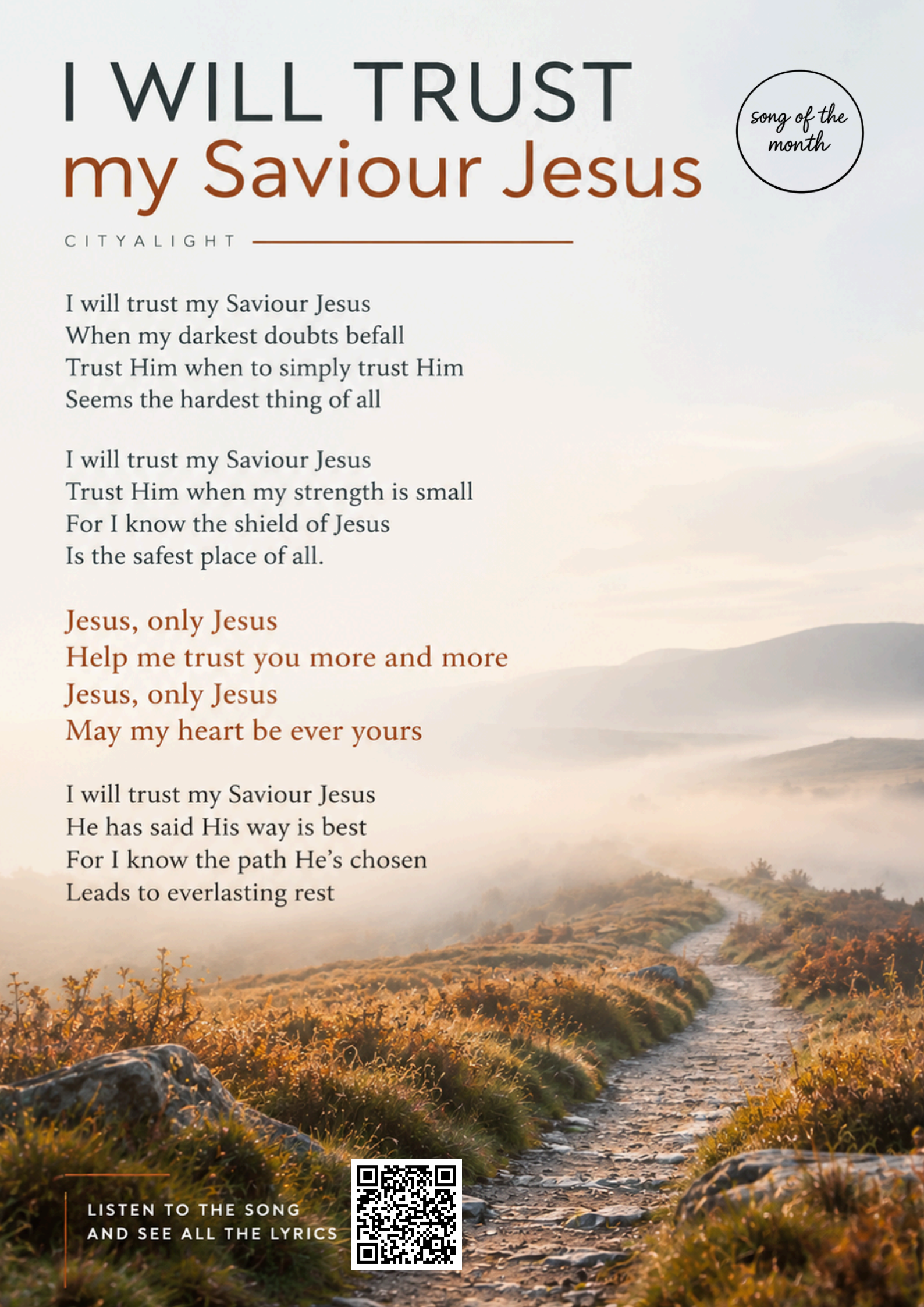
CITYALIGHT

I will trust my Saviour Jesus
When my darkest doubts befall
Trust Him when to simply trust Him
Seems the hardest thing of all

I will trust my Saviour Jesus
Trust Him when my strength is small
For I know the shield of Jesus
Is the safest place of all.

Jesus, only Jesus
Help me trust you more and more
Jesus, only Jesus
May my heart be ever yours

I will trust my Saviour Jesus
He has said His way is best
For I know the path He's chosen
Leads to everlasting rest



LISTEN TO THE SONG
AND SEE ALL THE LYRICS

Daily Readings IN THE BIBLE



"In listening to His voice we find our own."

Each day there is a short passage to read.
Read it slowly. Let God speak to you.

THREE QUESTIONS TO ASK

ADORE
What did I learn about God that leads me to praise, worship or thank Him?

ADMIT
What did I learn about myself? Is there any sin, attitude or behaviour I need to confess and repent of?

ASPIRE
What did I learn about the kind of life God wants me to live? What should I ask Him to help me become or do?

Pray through the passage

Don't close your Bible yet.
In listening to His voice, we find our own.

- **Adore** Him for who He is and what He has shown you.
- **Admit** your sins and ask for His forgiveness and grace.
- **Aspire** by asking Him to shape your heart and help you live according to His Word.

Take what you've learned and talk with God about it.

EACH DAY, TRY TO PRAY FOR:

YOUR NATION
Our country and its leaders.

YOUR COMMUNITY
Your town, neighbours and those in need.

YOUR FAMILY & FRIENDS
Those closest to you and those you love.

YOUR CHURCH
Your church family and its mission.

YOUR LIFE
Your relationship and walk with God.

May each day's reading deepen your relationship with God and help you live out His purpose for your life. *Amen.*

DAILY BIBLE READINGS

October

TRUSTING GOD

IN EVERY SEASON

TRUST
TODAY
WALK
TOMORROW
HOPE
ALWAYS

DATE	READING	TITLE
1 OCT	Proverbs 3:1–8	*Trust the Lord*
2 OCT	Psalm 9	*A Refuge in Times of Trouble*
3 OCT	Isaiah 26:1–4	*Steady in You*
4 OCT	Psalm 62	*My Hope Is in You*
5 OCT	Matthew 6:25–34	*Do Not Be Anxious*
6 OCT	Lamentations 3:19–26	*New Mercies Every Morning*
7 OCT	Romans 8:28–30	*God Works for Good*
8 OCT	Psalm 37:1–11	*Be Still and Trust*
9 OCT	James 1:2–8	*Faith Through Trials*
10 OCT	Habakkuk 3:17–19	*Yet I Will Trust*
11 OCT	Mark 4:35–41	*Peace in the Storm*
12 OCT	Psalm 46	*God Is Our Refuge*
13 OCT	Genesis 15:1–6	*Trusting God's Promises*
14 OCT	2 Corinthians 4:7–18	*A Deeper Trust*
15 OCT	Psalm 34	*Taste and See*
16 OCT	Isaiah 40:27–31	*Strength for the Weary*

DATE	READING	TITLE
17 OCT	Psalm 73:21–28	*Stay Near to God*
18 OCT	Romans 8:18–30	*Look Beyond the Struggle*
19 OCT	Psalm 121	*Lift Up Your Eyes*
20 OCT	Romans 5:1–5	*Hope That Does Not Disappoint*
21 OCT	Psalm 27	*The Lord Is My Light*
22 OCT	Philippians 4:4–9	*Peace That Guards Our Hearts*
23 OCT	Jeremiah 17:5–8	*Blessed Is the One Who Trusts*
24 OCT	Psalm 91	*Under His Wings*
25 OCT	2 Timothy 1:6–14	*Hold Firm*
26 OCT	Psalm 119:105–112	*Your Word Guides Me*
27 OCT	John 16:33	*Take Heart*
28 OCT	Hebrews 10:19–25	*Let Us Hold Firmly to Hope*
29 OCT	Nahum 1:7	*The Lord Is Good*
30 OCT	Revelation 21:1–5	*A Future We Can Trust*
31 OCT	2 Thessalonians 3:16	*The Lord Himself Gives Peace*



VERSE FOR THE MONTH

"Trust in the Lord with all your heart and lean not on your own understanding."

PROVERBS 3:5 (NIV)

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Church WhatsApp Group
Text Your Name and Request to join to 07731737377

www.chrystonparishchurch.co.uk